

Business Coaching

You & Your Team

The most important element of your business

To withstand today's business demands you need to be a robust motivated leader, multi skilled, confidant & organised to name just a few.

However, inherently we cannot be good at everything!

As your business coach I can help you become more resilient & able. I can offer an external, objective & constructive perspective of your situation & professional development.

These are the areas I can help you transform ...

Professional Development

Group Coaching

Starting a Business

Problem Solving

Goals

I come alongside you to guide, explore, challenge & investigate with you to become the most effective owner, leader and manager



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Professional Development

To build your 'entrepreneurial muscle' I will help you on a personal level to holistically develop professionally. Enabling you to withstand the demands of managing your own business.

I'll explore your core strengths & weakness, offer new perspective on limiting beliefs, as well as align your natural abilities & skills to the business requirements. This may include furthering your leadership skills, maintaining motivation, getting a handle on time management & decision making.

Goals Setting Business and Personal

To assist you to define your goals and how to work towards achieving them through Action Planning.

Exploring the dynamic of how your business and personal goals interact with each other - and with aligned priorities create a work life balance.

As business owners we tend to only be accountable to ourselves – so I can check in on you – helping you keep on track in a supportive way.

Problem Solving

Needing independent experienced input? Someone you can talk to about your business, creatively help identify problem areas and explore possible solutions and opportunities with you.

Just not sure about that new idea or concept – just wanting to bounce something off someone – a confidential safe space where you can just let your 'business hair' down and clear your thoughts.

YOUR TEAM - EMPLOYEES

Group Coaching

Developing your most critical asset.

Collectively & individually bringing your team together to achieve a common goal. It may focus on efficiency or productivity outcomes, maybe it's about motivation or achieving additional 'soft skills' to manage their work better.

I can also facilitate change to enable introducing new ideas & concepts, or different ways of working.

I'll coach your team both as a group and individually - specifically tailored to enhance your business..

Starting A Business

Wanting to or Just about to

You might want to explore your motivation and goals, if you are suited to running your own business (your skills and natural strength & weaknesses).

Where do you start, what needs doing, what don't I know? and many more questions.

I'll come alongside you with a 'route map' or program to assist you on your start-up journey, with seasoned start-up business advice, coaching and resources to establish your business on a good foundation for growth.

Want to know more on how I can help you effect change ...



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*Supporting you to grow, develop,
find clarity & forge new directions*